

Medical History

Patient Name: _____ **Gender:** ☐Female ☐Male ☐Other ☐Prefer not to answer
Guardian's Name (if patient is a minor): _____
Date of Birth M: _____ **D:** _____ **Y:** _____ **Email:** _____ **Occupation:** _____
Home: _____ **Mobile:** _____ **Work (optional):** _____
Address including postal code: _____
Family Doctor: _____ **Office phone #:** _____
Name of emergency contact: _____ **Phone #:** _____

Do you or have you ever had:

Hospitalization for illness or injury: ☐Yes ☐No If yes, please provide details: _____

Allergies: ☐Aspirin ☐Ibuprofen ☐Acetaminophen ☐Codeine ☐Penicillin ☐Tetracycline ☐Local anesthetic
☐Metals (nickel, gold, silver) ☐Fluoride ☐Sulfa ☐Erythromycin ☐Latex ☐Other _____
☐No known allergies

Joint Replacement: ☐Yes ☐No If yes what joint? _____ When? _____

Female: ☐Osteoporosis? ☐Yes ☐No If yes, are you taking medication? ☐Yes ☐No

Select all conditions that apply to you

- | | |
|-----------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <input type="checkbox"/> Artificial Heart Valves | <input type="checkbox"/> A completely repaired congenital heart defect with prosthetic material or device, whether placed by surgery or by catheter intervention within the last six months |
| <input type="checkbox"/> Unrepaired or incompletely repaired cyanotic congenital heart disease, including those with palliative shunts and conduits | <input type="checkbox"/> Any repaired congenital heart defect with residual defect at the site or adjacent to the site of a prosthetic patch or a prosthetic device |
| <input type="checkbox"/> A history of infective endocarditis | <input type="checkbox"/> A cardiac transplant that developed a problem in a heart valve |
| <input type="checkbox"/> Heart Attack - Date: _____ | <input type="checkbox"/> Emotional Disorders, Depression, Psychiatric treatment |
| <input type="checkbox"/> Cardiac Stent(s) - Date: _____ | <input type="checkbox"/> Epilepsy, convulsion (seizures) |
| <input type="checkbox"/> Stroke - Date: _____ | <input type="checkbox"/> Muscular dystrophy, multiple sclerosis |
| <input type="checkbox"/> High or Low Blood Pressure | <input type="checkbox"/> Neurologic problems (ADD) |
| <input type="checkbox"/> Anemia or other blood disorder | <input type="checkbox"/> Hepatitis - Type: _____ |
| <input type="checkbox"/> Prolonged bleeding due to slight cut | <input type="checkbox"/> Breathing or Sleep Problems (i.e. snoring, sinus) |
| <input type="checkbox"/> On blood thinners i.e. Coumadin, Adult Aspirin, Plavix (INR #: _____) | <input type="checkbox"/> Unexplained sore throat, feeling like something is caught in throat or chronic hoarseness |
| <input type="checkbox"/> Emphysema | <input type="checkbox"/> HIV/AIDS |
| <input type="checkbox"/> Tuberculosis | <input type="checkbox"/> Colitis/Crohns |
| <input type="checkbox"/> Asthma: Do you carry an inhaler with you? | <input type="checkbox"/> Eating Disorder (Bulimia, Anorexia Nervosa) |
| <input type="checkbox"/> Thyroid Disease | <input type="checkbox"/> Lupus |
| <input type="checkbox"/> Kidney Disease | <input type="checkbox"/> Cold Sores |
| <input type="checkbox"/> Liver Disease | <input type="checkbox"/> Head or Neck injuries |
| <input type="checkbox"/> Jaundice | <input type="checkbox"/> Lumps or swelling in the mouth or neck area |
| <input type="checkbox"/> Cancer - Type: _____ | <input type="checkbox"/> Digestive disorders (i.e. Gastric reflux) |
| <input type="checkbox"/> Radiation/Chemotherapy | <input type="checkbox"/> Drug Dependency - Type: _____ |
| <input type="checkbox"/> Male Only: Prostate disorders | <input type="checkbox"/> Consumer of alcohol – number of times per week: _____ |
| | <input type="checkbox"/> None applies to me |

Any medical condition(s) or impending surgery not listed: ☐Yes ☐No. If yes, please indicate:

List all prescribed **MEDICATIONS** & over-the-counter **SUPPLEMENTS & VITAMINS** that you are currently taking.

Drug	Purpose	Drug	Purpose
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Prevalence & severity of gum conditions increases with the following risk factors. In fact, 90% of all systemic diseases have an oral manifestation & gum disease can affect major organs. Eliminating gum disease is especially important to the oral & overall health of the following patients (please indicate which apply):

TOBACCO USE

Current Tobacco User: ☐ Yes ☐ No If yes, do you want to quit? ☐ Yes ☐ Contemplation Phase ☐ No
 What form (cigarettes, pipe, chew, marijuana, e-cigarettes etc.)? _____
 How much/day _____ For How Long? _____
 Previous Tobacco user: ☐ Yes ☐ No If yes, when did you quit? _____

OTHER SYSTEMIC DISEASES

Diabetes: ☐ Yes ☐ No What type? ☐ Type I ☐ Type II.
 Date of last HbA1c test: _____. What is your current HbA1c level? _____
 (Diabetes control: Good below 7% A1c/140 mg/dL Fair 7-9% A1c/140-220 mg/dL Poor above 9% A1c/>330mg/dL)
 Rheumatoid Arthritis: ☐ Yes ☐ No
 Cardiovascular Disease: ☐ Yes ☐ No If yes, please specify _____

GENETICS

Family History of Gum Disease: ☐ Yes ☐ No ☐ Don't know If yes, who? _____
 Family History of Diabetes: ☐ Yes ☐ No ☐ Don't know If yes, who? _____
 Family History of Alzheimer's disease: ☐ Yes ☐ No ☐ Don't know If yes, who? _____

STRESS

Is your stress level high? ☐ Yes ☐ No Are you currently going through any life altering events? ☐ Yes ☐ No
 If yes, what? (optional) _____

OVERWEIGHT

Are you overweight? ☐ Yes ☐ No Height: _____ Weight: _____

MEDICATIONS

Some drugs can affect your oral health. Are you taking any of the following? ☐ Dilantin ☐ Ca+ Channel Blockers
☐ Immunosuppressant's for organ transplantation ☐ Oral contraceptives ☐ Anti-depressants

HORMONES

Do any of the following apply? ☐ Puberty ☐ Pregnant ☐ Menopause ☐ Post-Menopause ☐ Nursing

CLENCHING & GRINDING

Do you clench or grind? ☐ Yes ☐ No If yes, are you using an ☐ Upper nightguard ☐ Lower nightguard or ☐ None

**** Changes to medical/dental history particularly, related to medications, allergies, recent hospitable visits, and glucose and INR numbers must be updated with your dental professional.**

**** It is contraindicated to treat patients who have not taken their required premedication.**

Dental History

I would rate the condition of my mouth as? ☐Excellent ☐Good ☐Fair ☐Poor

What is your current care regime?

Floss: ☐Yes ☐No If yes, how often? _____

Waterpik: ☐Yes ☐No If yes, how often? _____

Mouth rinse: ☐Yes ☐No If yes, how often? _____

What type of mouth rinse? ☐with alcohol ☐without alcohol ☐with fluoride ☐without fluoride

Tooth Brush: ☐Manual ☐Electric How often? _____

Other home care products: _____

Cosmetics

YES NO

- | | | |
|--------------------------|--------------------------|----------------------------------------------------------------------------------------------------------------------------------|
| <input type="checkbox"/> | <input type="checkbox"/> | Is there anything about the appearance of your teeth that you would like to change? |
| <input type="checkbox"/> | <input type="checkbox"/> | Have you ever whitened (bleached) your teeth? If no, would you like to? <input type="checkbox"/> Yes <input type="checkbox"/> No |
| <input type="checkbox"/> | <input type="checkbox"/> | Are you interested in Veneers, Crowns, Invisalign (clear braces), Braces, White fillings? |
- Notes: _____

Function

- | | | |
|--------------------------|--------------------------|-------------------------------------------------------------------------------------------------|
| <input type="checkbox"/> | <input type="checkbox"/> | Do you have problems chewing gum and/or hard foods? |
| <input type="checkbox"/> | <input type="checkbox"/> | Are your teeth crowding or developing spaces? |
| <input type="checkbox"/> | <input type="checkbox"/> | Are there areas in your mouth where food gets trapped? |
| <input type="checkbox"/> | <input type="checkbox"/> | Do you have problems with your jaw joint/TMJ? (pain, sounds, limited opening, locking, popping) |
| <input type="checkbox"/> | <input type="checkbox"/> | Do you wear or have worn a night appliance/ guard or sports guard? |
- Notes: _____

Comfort

- | | | |
|--------------------------|--------------------------|-------------------------------------------------------------------------------|
| <input type="checkbox"/> | <input type="checkbox"/> | Do you have any toothaches currently? |
| <input type="checkbox"/> | <input type="checkbox"/> | Do you avoid brushing any part of your mouth due to pain/discomfort? |
| <input type="checkbox"/> | <input type="checkbox"/> | Do you experience discomfort with your soft tissues? ie. Lips, cheeks, tongue |
| <input type="checkbox"/> | <input type="checkbox"/> | Are any of your teeth sensitive to hot, cold, sweets or pressure? |
- Notes: _____

Longevity

- | | | |
|--------------------------|--------------------------|-------------------------------------------------------------------|
| <input type="checkbox"/> | <input type="checkbox"/> | Do your gums bleed when brushing, flossing, or eating? |
| <input type="checkbox"/> | <input type="checkbox"/> | Have you ever noticed an unpleasant taste or odour in your mouth? |
| <input type="checkbox"/> | <input type="checkbox"/> | Do your gums and or teeth hurt during cleanings? |
| <input type="checkbox"/> | <input type="checkbox"/> | Have you ever had your teeth cleaned with freezing? |
- Notes: _____

I, _____ (patient/ guardian name), certify that all the medical and dental information provided is true to the best of my knowledge, and I have not knowingly omitted any information.

Patient/ parent/ guardian Signature: _____

Date: _____