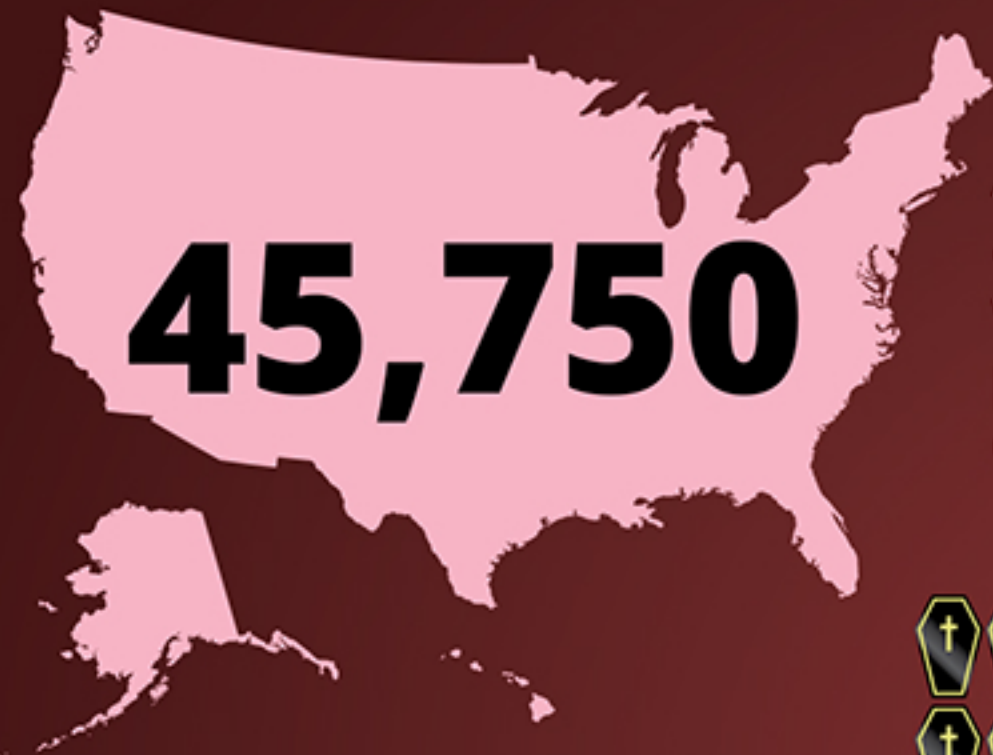


# ORAL CANCER AWARENESS MONTH

## THE STATS



Americans are diagnosed with oral or pharyngeal cancer each year.<sup>1</sup>

It causes over **8,650** deaths a year, killing roughly 1 person per hour.<sup>1</sup>



**24 Per Day**

## GENDER RATIO

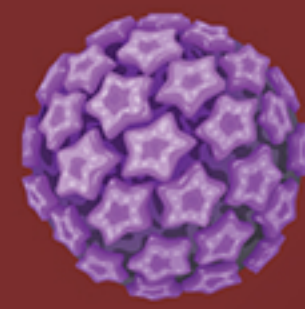
Oral cancers affect men twice as often as women.<sup>2</sup>



## RISK FACTORS

**70%** of oral cancer patients were heavy drinkers.<sup>2</sup>

The risk of cancers in heavy drinkers and smokers may be as much as **100X** more than the risk of those who don't smoke or drink.<sup>2</sup>



**70%** of oropharyngeal cancers may be linked to HPV.<sup>3</sup>

**25%** have no known risk factors.<sup>2</sup>

## DETECTION & PREVENTION



Regular oral cancer screenings during dental check-ups or annual physical exams with your doctor may aid in detecting oral cancers in their early stages.



Quit high-risk behaviors like drinking and smoking.



Eating cancer-fighting foods such as berries, garlic, ginger, cinnamon, turmeric, or cayenne pepper may reduce risk.

<sup>1</sup>OralCancerFoundation.org <sup>2</sup>Cancer.org <sup>3</sup>CDC.gov